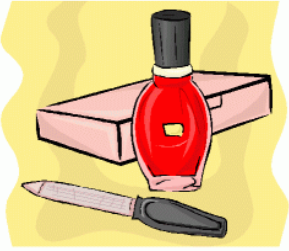


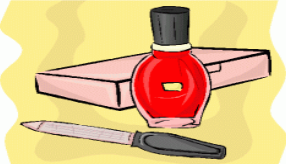



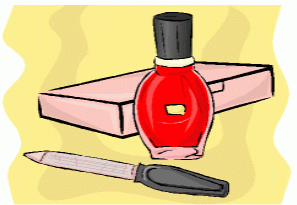


ALF—Activities

October 2017

sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>9:00 am Morning News 10:00 am Coffee Break 2:00 pm Movie of choice or TV 2:30 pm Table Games 3:30 pm Church/ Nazarene</p>	<p>2</p> <p>9:00 am Room visits 9:15 am Mass 10:00 am Ball 1:00 pm Bridge players 2:00 pm Manicures 3:30 pm Table Games</p> 	<p>3</p> <p>Happy Birthday Larry</p> <p>9:00 am Walks/ Room visits 9:30 am Coffee Break 9:30 am Chair yoga 10:00 am Ball 1:15 pm Current Events 2:00 pm Yahtzee</p>	<p>4</p> <p>9:00 am Room visits 9:00 am Chair exercise 10:30 am Bible study @ SNF 1:15 pm Current Events 2:00 pm Bingo</p> 	<p>5</p> <p>9:00 am Room Visits 9:30 am Chair Yoga—Channel 2 10:00 am Ball 1:15 pm Current Events 2:00 pm Bowling EARLY SUPPER 6:30 pm Pinochle—ALF</p>	<p>6</p> <p>9:00 am Room visits 9:30 am Coffee Break 9:39 am Chair yoga—Channel 2 10:00 am Games with Jessica and friends 1:15 pm Current Events 2:00 pm Mad hatter Tea party</p>	<p>7</p> <p>9:30 am Coffee break 10:00 am Ball 1:30 pm Movie—Casper Channel 2 2:00 pm Table Games 7:00 pm Lawrence Welk Channel 7</p>
<p>8</p> <p>9:00 am Morning News 10:00 am Coffee Break 2:00 pm Movie of choice or TV 2:30 pm Table Games 3:30 pm Church-Oregon Trail Baptist</p>	<p>9</p> <p>9:00 am Coffee break 9:15 am Mass 1:00 pm Bridge players 2:00 pm Table games of your choice</p>	<p>10 Happy Birthday</p> <p>9:00 am Walks/ Room visits 9:30 am Coffee Break 9:30 am Chair yoga 10:00 am Ball 1:15 pm Current Events 2:00 pm Halloween crafts</p>	<p>11</p> <p>9:00 am Room visits 9:00 am Chair exercise 10:30 am Bible study @ SNF 1:15 pm Current Events 2:00 pm Baseball practice</p>	<p>12</p> <p>9:00 am Room Visits 9:30 am Chair Yoga—Channel 2 10:00 am Ball 1:00 am Load Bus to Dorian's 1:15 pm Current Events 2:00 pm Baseball @ Dorian's EARLY SUPPER 6:30 pm Pinochle—ALF</p>	<p>13</p> <p>9:00 am Room visits 9:30 am Coffee Break 9:39 am Chair yoga—Channel 2 10:00 am Fun with Jessica and friends 1:15 pm Current Events 2:00 pm Bingo</p> 	<p>14</p> <p>9:30 am Coffee Break 9:30 am Chair Yoga Channel 2 10:00 am Ball 1:30 pm —Movie— Bewitched—Channel 2 2:00 pm Table Games 7:00 pm Lawrence Welk—channel 7</p>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>15 9:00 am Morning News 10:00 am Coffee Break 2:00 pm Movie of choice or TV 2:30 pm Table Games 3:30 pm Church/ Butte Baptist</p>	<p>16 9:15 am Mass 9:30 am Coffee Break 10:00 Ball 1:00 pm Bridge Players 1:30 pm Movie-Blind side- Channel 2 2:00 pm Manicures</p> 	<p>17 9:00 am Walks/ Room visits 9:30 am Coffee Break 9:30 am Chair yoga 10:00 am Ball 1:15 pm Current Events 2:00 pm Baseball practice</p> 	<p>18 9:00 am Room Visits 9:00 am Chair exercise 10:30 am Bible Study 1:15 pm Current Events 2:00pm Bingo 3:30 pm Table games 6:30 pm Youth Group Singers</p> 	<p>19 9:00 am Room Visits 9:30 am Chair yoga- Channel 2 10:00 am ball 1:00 pm Load bus for pumpkin patch 1:15 pm Current Events EARLY SUPPER 6:30 pm Pinochle-ALF</p>	<p>20 9:30 am Coffee break 10:00 am Ball 1:15 pm Current Events 2:00 pm Bingo @ SNF</p>	<p>21 9:30 am Coffee Break 10:00 am Ball 1:30 pm Movie-Ghost -Channel 2 2:00 pm Table games 7:00 pm Lawrence Welk-channel 7</p>
<p>22 9:00 am Morning News 10:00 am Coffee Break 2:00 pm Table Games 3:30 pm Church/ Christian church</p>	<p>23 9:15 am Mass 9:30 am Coffee break 10:00 am Ball 1:00 pm Bridge players 1:30 pm Richer and Poorer 2:00 pm Baseball practice</p> 	<p>24 9:00 am Room Visits 9:30 am Coffee Break 10:00 am Ball 1:00 pm Loading bus for baseball @ Nyssa 1:15 pm Current events 3:30 pm Table games</p>	<p>25 9:00 am Room visits 9:30 am Chair exercise 10:30 am Bible Study @ SNF 1:15 pm Current Events 2:00 pm Resident Council 3:00 pm Bingo</p> 	<p>26 9:30 am Chair yoga - Channel 2 10:00 am Ball 1:15 pm Current events 2:00 Resident council meeting 2:30 pm Making pumpkin cupcakes EARLY SUPPER 6:30 pm Pinochle-ALF</p>	<p>27 9:00 am Room visits 9:30 am Chair yoga- Channel 2 10:00 am Ball 1:00 pm Current events 2:00 pm Pumpkin carving</p> 	<p>28 9:30 am Coffee Break 10:00 am Ball 1:30pm Movie- Scary movie- Channel 2 7:00 pm Lawrence Welk-channel 7</p>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>29</p> <p>9:00 am Morning News</p> <p>10:00 am Coffee Break</p> <p>2:00 pm Table Games</p> <p>3:30 pm Church/ Willowcreek</p> <p>4:00 pm Youth Group</p> <p>Coming to Visit Residents</p>	<p>30</p> <p>9:00 am Room visits</p> <p>9:15 am Mass</p> <p>9:30 am Coffee Break</p> <p>10:00 am Ball</p> <p>1:00 pm Bridge Players</p> <p>1:30 pm Movie- Casper- Channel 2</p> <p>2:00 pm Manicures</p> 	<p>31</p> <p>9:00 am Room Visits</p> <p>9:30 am Coffee break</p> <p>9:30 am Chair yoga</p> <p>Channel 2</p> <p>10:00 am Ball</p> <p>1:15 pm Current Events</p> <p>2:00 pm Alf best costume</p> <p>2:15 pm Halloween dress up</p> <p>3:00pm Halloween Party</p>	<p>Stone-Opal</p> <p>Flower- Calendula</p> <p>Breakfast 8:15 am</p> <p>Lunch 12:00</p> <p>Dinner 6:00 pm</p>			
<p>Remember to check the Board in the hall and the board in the dinning room for any changes and for up coming events</p>	