

SNF-Activities

September 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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*Breakfast 7:30 am
Lunch 11:30 pm
Supper 5:30 pm*

Guest meals are \$5.00 and must be paid for in advance in the office.

Activities are weather permitting.

Please check the big calendar in the hall for any changes.

*Flower: Aster
Birthstone: Sapphire*



*1
9 am Date & Menu board
Aroma therapy in TV room
9:30 am Coffee Time & snack cart
Whoga on channel 2
10 am Group exercise
11 am Tidbits
11:30 am Local news & chat time
1 pm Mail & newspaper delivery
2:30 pm Bingo @ SNF
3-3:30 pm Snack cart
6 pm Jig saw puzzle*

*2
9 am Date & menu board , table brain games
Aroma therapy
9:30 am Coffee time & snack cart
Whoga on channel 2
10 am Group exercise
11 am Local News
1:30 pm Movie & popcorn on channel 2
"Field of Dreams"
2 pm Table games
3-3:30 pm Snack cart
7pm Lawrence Welk – channel 7*

3

*Aroma therapy in TV room
9:30 am Coffee time & snack cart
11:30 am Reminiscing
2 pm Movie of choice or TV
3-3:30 pm Snack cart
3:30 pm Church/ Nazarene*

4 Labor Day

*9 am Mass @ ALF
Date & Menu board
Aroma therapy in TV room
9:30 am Coffee time & snack cart
Activity of choice
1 pm Bridge – ALF
Activity of choice
3-3:30 pm Snack cart
Movie in TV room*

5

*9 am Date, Menu, table brain games
Aroma therapy in TV room
9:30 am Coffee Time & snack cart
Whoga on channel 2
10 am Group exercise
11:30 am Local news & chat time
1 pm Mail & newspaper delivery
2 pm Make caramel apples
3-3:30 pm Snack*

6

*9 am Date & Menu
Aroma therapy in TV room
9:30am Coffee & snack cart
Whoga on channel 2
10 am Reminisce & visit
10:30 am Bible Study
11:15 am Local news & chat time
1 pm Mail & newspaper delivery
2:00 pm Bingo
3-3:30 pm Snack cart
Table games
6:00 pm Jig saw*

7

*9 am Date, Menu boards, table brain games
Aroma therapy in TV room
9:30 am Coffee time & snack cart
Whoga on channel 2
10:00 am Group exercise
11:30 am Local news & chat time
1 pm Mail & newspaper delivery
2 pm Poster craft
3-3:30 pm Snack cart
6:30 pm Pinochle – ALF*

8

*9 am Date & Menu board
Aroma therapy in TV room
9:30 am Coffee Time & snack cart
Whoga on channel 2
10 am Group exercise
11:30 am Local news & chat time
1 pm Mail & newspaper delivery
1pm Shopping trip
3-3:30 pm Snack cart
6 pm Jig saw puzzle*




9

*9 am Date & menu board, table brain games
Aroma therapy
9:30 am Coffee time & snack cart
Whoga on channel 2
10 am Group exercise
11 am Local News
1:30 pm Movie & popcorn
"Great Outdoors"
3-3:30 pm Snack cart
7pm Lawrence Welk – channel 7*

LABOR DAY



SNF- September Activities

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>10 Grandparents day Aroma therapy in TV room 9:30 am Coffee time & snack cart 11:30 am Reminiscing 2 pm Movie of choice or TV 3-3:30 pm Snack cart 3:30 pm Church/ Oregon Trail Baptist</p> 	<p>11 Patriot Day 9 am Mass @ ALF Date & Menu board Aroma therapy in TV room 9:30 am Coffee time & snack cart Make ice cream 10 am Ball exercise @ ALF 1 pm Bridge – ALF 1:30 pm Movie on channel 2 “Grease” 3-3:30 pm Snack cart 6 pm Jigsaw puzzle 7 pm God Bless the USA!</p> 	<p>12 9 am Date, Menu boards, table brain games Aroma therapy in TV room 9:30 am Coffee Time & snack cart Whoga on channel 2 10 am Group exercise 11:30 am Local news & chat time 1 pm Mail & newspaper delivery 2 pm Donut eating contest in courtyard Fun in courtyard 3-3:30 pm Snack 6 pm Jig saw puzzle</p>	<p>13 9 am Date & Menu boards, table brain games Aroma therapy in TV room 9:30am Coffee & snack cart 10 am Reminisce and visit 10:30 am Bible Study 11:15 am Local news & chat time 1 pm Mail & newspaper delivery 2 pm Sports competitions 3-3:30 pm Snack cart Table games 6:00 pm Jig saw puzzle</p>	<p>14 9 am Date, Menu boards Aroma therapy in TV room 9:30 am Coffee time & snack cart 10 am Group exercise 11:30 am Local news & chat Time 1 pm Mail & newspaper 2:00 pm Watermelon seed spitting contest 3-3:30 pm Snack cart 6:30 pm Pinochle – ALF</p>	<p>15 9 am Date & Menu board Aroma therapy in TV room 9:30 am Coffee Time & snack cart 10:00 am Group exercise 11:30 am Local news & chat time Hot dog bar in courtyard 1 pm Mail & newspaper delivery 2:00 pm Bingo 3-3:30 pm Snack cart 6 pm Jig saw puzzle</p>	<p>16 9 am Date & menu board Aroma therapy in TV room 9:30 am Coffee time & snack cart 10 am Group exercise 11 am Local news 2 pm Table games 3-3:30 pm Snack cart 7 pm Lawrence Welk – channel 7</p>
<p>17 Aroma therapy in TV room 9:30 am Coffee time & snack cart 11:30 am Reminiscing 2 pm Movie of choice or TV 3-3:30 pm Snack cart 3:30 pm Church/ Butte Baptist</p>	<p>18 9 am Mass @ ALF Date & Menu board Aroma therapy in TV room 9:30 am Coffee time & snack cart 10 am Group ball @ ALF 1 pm Bridge – ALF 1:30 pm Movie on channel 2 “Overboard” 2:30 pm Manicures @ ALF 3-3:30 pm Snack cart 6 pm Jigsaw puzzle 7 pm Movie in TV room</p>	<p>19 9 am Date, Menu boards Aroma therapy in TV room 9:30 am Coffee Time & snack cart Activity of choice 11:30 am Local news & chat time 1 pm Mail & newspaper delivery 2 pm Make apple dumplings 3-3:30 pm Snack cart Table games 6:00 pm Jig saw puzzle 6:30 pm Music w/Fred Child in courtyard & smores</p>	<p>20 9 am Date & Menu Manicures Aroma therapy in TV room 9:30am Coffee & snack cart Whoga on channel 2 10 am Reminisce & visit 10:30 am Bible Study 11:15 am Local news & chat time 1 pm Mail & newspaper delivery 2 pm Baseball practice 3-3:30 pm Snack cart 6:00 pm Jig saw puzzle 6:30 pm Youth group singers</p>	<p>21 9 am Date, Menu boards Aroma therapy in TV room 9:30 am Coffee time & snack cart 10 am Group exercise 11:30 am Local news & chat time 1 pm Mail & newspaper 2:30 pm Load bus to Vale volleyball game 3-3:30 pm Snack cart 6:30 pm Pinochle – ALF</p>	<p>22 Autumn begins 9 am Date & Menu board Aroma therapy in TV room 9:30 am Coffee Time & snack cart Load bus to picnic in Parma park 11:30 am Local news & chat time 1 pm Mail & newspaper delivery 3-3:30 pm Snack cart Bingo 6 pm Jig saw puzzle</p> 	<p>23 9 am Date & menu board Aroma therapy in TV room 9:30 am Coffee time & snack cart Activity of choice 11 am Local news Activity of choice 3-3:30 pm Snack cart 7 pm Lawrence Welk – channel 7</p>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>24</p> <p>Aroma therapy in TV room</p> <p>9:30 am Coffee time & snack cart</p> <p>11:30 am Reminiscing</p> <p>2 pm Movie of choice or TV</p> <p>3-3:30 pm Snack cart</p> <p>3:30 pm Church/ Vale Christian Church</p>	<p>25</p> <p>9 am Mass @ ALF</p> <p>Date & Menu board</p> <p>Aroma therapy in TV room</p> <p>9:30 am Coffee time & snack cart</p> <p>10 am Ball group</p> <p>1 pm Bridge – ALF</p> <p>1:30 pm Movie on channel 2 “Iron Eagle”</p> <p>2 pm Table games</p> <p>3-3:30 pm Snack cart</p> <p>6 pm Jig saw puzzle</p> <p>7 pm Movie in TV room</p>	<p>26</p> <p>9 am Date, Menu boards, table brain games</p> <p>Aroma therapy</p> <p>9:30 am Coffee time & snack cart</p> <p>Whoga on channel 2</p> <p>10 am Group exercise</p> <p>11 am Local news & chat time</p> <p>1 pm Mail & newspaper delivery</p> <p>2:30 pm UNO</p> <p>3-3:30 pm Snack cart</p> <p>Table games</p> <p>6 pm Jig saw puzzle</p>	<p>27</p> <p>9 am Date & Menu</p> <p>Manicures</p> <p>Aroma therapy in TV room</p> <p>9:30am Coffee & snack cart</p> <p>Whoga on channel 2</p> <p>10 am Reminisce & visit</p> <p>10:30 am Bible Study</p> <p>11:15 am Local news & chat time</p> <p>1 pm Mail & newspaper delivery</p> <p>2 pm Bingo</p> <p>3-3:30 pm Snack cart</p> <p>6:00 pm Jig saw puzzle</p>	<p>28</p> <p>9 am Date, Menu boards, Table brain games</p> <p>Room visits</p> <p>Aroma therapy in TV room</p> <p>9:30 am Coffee time & snack cart</p> <p>Whoga on channel 2</p> <p>10 am Group exercise</p> <p>11:30 am Local news & chat time</p> <p>1 pm Mail & newspaper</p> <p>2 pm Baseball practice</p> <p>3-3:30 pm Snack cart</p> <p>6:30 pm Pinochle – ALF</p>	<p>29</p> <p>9 am Date & Menu board</p> <p>Aroma therapy in TV room</p> <p>9:30 am Coffee Time & snack cart</p> <p>Whoga on channel 2</p> <p>10 am Group exercise</p> <p>11:30 am Local news & chat time</p> <p>1 pm Mail & newspaper delivery</p> <p>2 pm Baseball game w/Nyssa Gardens @ ALF</p> <p>3-3:30 pm Snack cart</p> <p>6 pm Jig saw puzzle</p>	<p>30</p> <p>9 am Date & menu board, table brain games</p> <p>Aroma therapy in TV room</p> <p>9:30 am Coffee time & snack cart</p> <p>Whoga on channel 2</p> <p>10 am Group exercise</p> <p>11 am Local news</p> <p>1:30 pm Movie on channel 2</p> <p>“The Three Muskateers”</p> <p>3-3:30 pm Snack cart</p> <p>7 pm Lawrence Welk – channel 7</p>



<p>Table Games include:</p> <ul style="list-style-type: none"> Board games Cards games Scrabble Cribbage Dominoes Word finds or scrambles Yahtzee Jig saw puzzle Uno <p>Birthstone: Sapphire</p> <p>Flower: Aster</p>	<p>Breakfast 7:45 am</p> <p>Lunch 12:15 pm</p> <p>Supper 5:45 pm</p> <p>Guest meals are \$5.00 and must be paid for in advance in the office.</p> <p>Activities are weather permitting.</p> <p>Please check the big calendar in the hall for any changes.</p>	<p>All calendar changes will be made on the big calendar, by dining room</p> <p>A jig saw puzzle is always set up in the dining room</p>
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