

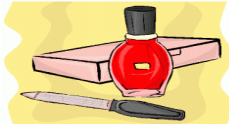



# ALF– Activities October 2018

sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Remember to check the board in the hall for any changes in events</i></p> <p><i>hello october, please be good. ♥</i></p>	<p>1 9:00 am Hand &amp; Foot @ senior center 9:15 am Mass 9:30 am Juice cart 10:00 am Ball 11:00 am Trivia 1:00 pm Bridge players 2:00 pm Manicures 3:00 pm Uno</p>	<p>2 9:30 am Juice cart 10:00 am Ball/ Balloon 11:00 am Popcorn popping 1:00 pm Bridge players 2:00 pm Plinko 3:00 pm Yahtzee</p>	<p>3 9:00 am Hand &amp; Foot @ senior center 9:30 am Chair yoga Channel 2 10:30 am Bible study @ SNF 1:15 pm Current Events 2:00 pm Bingo</p> <p style="text-align: center;"></p>	<p>4 9:30 am Juice cart 10:00 am Ball/Balloon 11:00 am Space age 1:15 pm Current Events 2:00 pm Baseball Practice 3:00 pm cards 3:00 pm Bible studying with Bill EARLY SUPPER 6:30 pm Pinochle—AL</p>	<p>5 9:00 am Hand &amp; Foot @ senior center 9:30 am Juice cart 10:00 am Ball 11:00 am I will fight no more forever 1:00 pm Load bus for Dorian's Place 1:15 pm Current Events</p> <p style="text-align: center;"><i>Dorian place</i></p>	<p>6 9:30 am Coffee Break 9:30 am Chair Yoga Channel 2 10:00 am Ball 1:30 pm Movie— Channel 2 2:00 pm Table Games 7:00 pm Lawrence Welk—channel 7</p>
<p>7 9:00 am Morning News 10:00 am Coffee Break 2:00 am Movie or T.V. of choice 3:30 pm Church/ Nazarene</p>	<p>8 9:00 am Hand &amp; Foot @ senior center 9:15 am Mass 9:30 am Juice cart 10:00 am Ball 11:00 am Vegetarian month 1:00 pm Bridge players 2:00 pm Manicures 3:00 pm Yahtzee</p>	<p>9 <b>HAPPY BIRTHDAY</b> Betty 9:15 am Mass 9:30 am Juice cart 10:00 am Ball/balloon 11:00 am Apple Festivals 1:15 pm current events 2:00 pm crafts 3:00 pm Music with Janet</p>	<p>10 9:00 am Hand &amp; Foot @ senior center 9:30 am Chair yoga Channel 2 10:30 am Bible study @ SNF 1:15 pm Current Events 2:00 pm Bingo</p> <p style="text-align: center;"></p>	<p>11 9:30 am Chair Yoga– Channel 2 10:00 am Ball /balloon 11:00 am First lady of the world 1:15 pm Current Events 2:00 pm pig wallow 3:00 pm cards EARLY SUPPER 6:30 pm Pinochle—ALF</p>	<p>12 9:30 am Coffee Break 9:30 am Chair yoga– Channel 2 10:00 am Ball 11:00 am Columbus Day 1:15 pm Current Events 1:00 pm trip to pumpkin patch</p>	<p>13 9:30 am Coffee Break 9:30 am Chair Yoga Channel 2 10:00 am Ball 1:30 pm Movie– Channel 2 2:00 pm Table Games 7:00 pm Lawrence Welk—channel 7</p>

Mon	Tue	Wed	Thu	Fri	Sat	
<p><b>14</b></p> <p>9:00 am Morning News 10:00 am Coffee Break 2:00 pm Movie of choice or TV 2:30 pm Table Games 3:30 pm Church/ Oregon Trail Baptist</p>	<p><b>15</b></p> <p><b>9:00 am Hand &amp; Foot @ senior center</b> 9:15 am Mass 9:30 am Juice cart 10:00 am Ball 11:00 am National cookie month 1:00 pm Bridge Players 2:00 pm Manicures 3:00 pm Yahtzee</p>	<p><b>16</b></p> <p><b>9:30 am Chair yoga Channel 2</b> <b>9:30 am Juice cart</b> 10:00 am Ball/balloon 11:00 am America’s first department store 1:15 pm Current Events 1:15 pm Crafts</p>	<p><b>17</b></p> <p><b>9:00 am Hand &amp; Foot @ senior center</b> <b>9:30 am Coffee break</b> 10:30 am Bible Study 1:15 pm Current Events 2:00pm Bingo 6:30 pm Youth group singers</p> <p></p>	<p><b>18</b></p> <p>9:30 am Chair yoga– Channel 2 9:30 am Juice cart 10:00 am ball/balloon 11:00 am Newspaper comic strip 1:15 pm Current Events 2:00 pm Baseball practice <b>EARLY SUPPER</b> 6:30 pm Pinochle—ALF</p>	<p><b>19</b></p> <p>9:00 am Hand &amp; Foot @ senior center 9:30 am Juice cart 9:30 am Chair yoga- Channel 2 10:00 am Ball 11:00 am Pumpkin Month 1:00 pm Social outing 1:15 pm Current events</p>	<p><b>20</b></p> <p>9:30 am Coffee Break 10:00 am Ball 1:30 pm movie– Secretariat - Channel 2 2:00 pm Table games 7:00 pm Lawrence Welk–channel 7</p>
<p><b>21</b></p> <p>9:00 am Morning News 10:00 am Coffee Break 2:00 pm Table Games 3:30 pm Butte Baptist</p> <p></p>	<p><b>22</b></p> <p>9:00 am Hand &amp; Foot @ senior center 9:15 am Mass 10:00 am Ball 11:00 am The Cuban missile crisis 1:00 pm Bridge players 2:00 pm Manicures 3:00 pm yahtzee</p> <p></p>	<p><b>23</b></p> <p><b>9:30 am Juice cart</b> <b>10:00 am Ball /Balloon</b> <b>11:00 am Breast cancer awareness</b> 1:15 pm Current event 2:00 pm Plinko 3:00 pm Yahtzee</p>	<p><b>24</b></p> <p>9:00 am Hand &amp; Foot &amp; Senior center 10:30 am Bible Study @ SNF 1:15 pm Current Events 2:00 pm Bingo 3:30 pm Table games</p> <p></p>	<p><b>25</b></p> <p><b>9:30 am Chair yoga Channel 2</b> 10:00 am Ball/Balloon 11:00 am The worlds greatest painter 1:15 pm Current Events 2:00 pm Doing pumkins 3:00 pm cards <b>EARLY SUPPER</b> 6:30 pm Pinochle—ALF</p>	<p><b>26</b></p> <p><b>9:00 am Hand &amp; Foot @ senior center</b> 9:30 am Coffee Break 10:00 am Ball 11:00 am Stamp collecting 1:00 pm Load bus country drive 1:15 pm Current Events 2:00 pm Puzzle time</p>	<p><b>27</b></p> <p><b>9:30 am Coffee Break</b> <b>10:00 am Ball</b> <b>1:30 pm Movie– Warhorse -Channel 2</b> <b>2:00 pm Table Games of Choice</b> <b>7:00 pm Lawrence Welk–channel 7</b></p>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>28</p> <p>9:00 am Morning News 10:00 am Coffee Break 2:00 pm Table Games 3:30 pm Church/ Christian</p>	<p>29</p> <p>9:00 am Hand &amp; Foot @ senior center 9:15 am Mass 9:30 am Juice cart 10:00 am Ball 11:00 am Prohibition problems 1:00 pm Bridge player 2:00 pm Manicures 3:00 pm yahtzee</p>	<p>30</p> <p>9:00 am Room Visits 9:30 am Chair exercise Channel 2 9:30 am Juice cart 10:00 am Ball 11:00 am Market crashes 1:15 pm Current Events 2:00 pm Resident council 2:30 pm Bingo auction 3:00 pm Bingo</p>	<p>31 Halloween</p> <p>9:00 am Hand &amp; Foot @ senior center 9:00 am Chair exercise Channel 2 9:30 am Juice cart 10:30 am Bible study 1:15 pm Current events 2:00 pm Halloween party</p>	<p>Flower-Emerald Stone- Lily of the valley</p>		



Breakfast-8:15  
Lunch-12:00  
Dinner-6:00

