

ALF– Activities

May 2018

sun

Mon

Tue

Wed

Thu

Fri

Sat



1 *May Day*

9:30 am Chair Yoga—
Channel 2
10:00 am Ball
11:00 am Mother goose on
the mind
1:15 pm current events
2:00 pm Planting Flowers
3:00 pm Uno

2

9:00 am Hand & Foot @
senior center
9:30 am Chair yoga Chan-
nel 2
10:30 am Bible study @
SNF
1:15 pm Current Events
1:30 pm Frances the talk-
ing mule— Channel 2
2:00 pm Bingo



3

9:00 am Room Visits
9:30 am Chair Yoga— Chan-
nel 2
10:00 am Ball
11:00 am May
1:15 pm Current Events
2:00 pm Pig wallow game
3:00 pm Table games
EARLY SUPPER
6:30 pm Pinochle—AL

4

9:00 am Hand & Foot @
senior center
9:30 am Chair yoga chan-
nel 2
9:30 am Coffee Break
10:00 am Ball
11:00 am load bus for park
trip & fun in the park

5

Kentucky
derby

9:30 am Coffee Break
10:00 am Ball
1:30 Movie—Hildago-
Channel 2
2:00 pm Seventh day Ad-
ventist singers
2:00 pm tea @ Vale
Christian church
2:30 pm Table games
7:00 pm Lawrence Welk

6

9:00 am Morning News
10:00 am Coffee Break
2:00 am Movie or T.V. of
choice
3:30 pm Church/ Naza-
rene

7

9:00 am Hand & Foot @
senior center
9:15 am Mass
9:30 am Coffee Break
10:00 am Ball
11:00 am Fastest man in
the world
1:00 pm Bridge players
1:30 pm Movie— My fair
lady- Channel 2
2:00 pm Manicures

8

9:30 am Chair Yoga—
Channel 2
10:00 am Ball
11:00 am It's Official
1:15 pm current events
2:00 pm Mothers Day Get
together
3:00 pm Music with Janet

9

9:00 am Hand & Foot @
senior center
9:30 am Chair yoga Chan-
nel 2
10:30 am Bible study @
SNF
1:15 pm Current Events
2:00 pm Bingo



10 *Happy Birthday
Jinny*

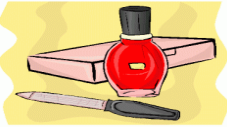
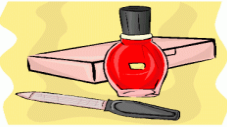

9:30 am Chair Yoga— Chan-
nel 2
10:00 am Ball
1:15 pm Current Events
2:00 pm Table games
EARLY SUPPER
6:30 pm Pinochle—ALF



11

9:30 am Coffee Break
9:30 am Chair yoga— Chan-
nel 2
10:00 am Ball
1:15 pm Current Events
2:30 pm Music with Fred
Child

12

9:30 am Coffee Break
9:30 am Chair Yoga
Channel 2
10:00 am Ball
1:30 pm Movie— Wild
hearts can't be broken –
Channel 2
2:00 pm Table Games
7:00 pm Lawrence Welk—
channel 7

Mon	Tue	Wed	Thu	Fri	Sat	
<p>13 Mother's Day</p> <p>9:00 am Morning News 10:00 am Coffee Break 2:00 pm Movie of choice or TV 2:30 pm Table Games 3:30 pm Church/ Oregon Trail Baptist</p>	<p>14 9:00 am Hand & Foot @ senior center</p> <p>9:15 am Mass 9:30 am Coffee Break 11:00 am Lewis & Clark 1:00 pm Bridge Players 1:30 pm Movie– Mother-Channel 2 2:00 pm Manicures 3:00 pm Yahtzee</p> 	<p>15</p> <p>9:00 am Room Visits 9:30 am Chair yoga Channel 2</p> <p>10:00 am Baseball Practice 11:00 am First Airlines Stewardess 1:15 pm Current Events 2:00 pm Crafts 3:00 pm Uno</p>	<p>16 Wear Purple for Peace day</p> <p>9:00 am Hand & Foot @ senior center 9:30 am Coffee break</p> <p>10:30 am Bible Study 1:15 pm Current Events 2:00pm Bingo 6:30 pm Youth group singers</p> 	<p>17</p> <p>9:30 am Chair yoga– Channel 2 10:00 am ball 11:00 am Meal time 1:15 pm Current Events 2:00 pm Baseball EARLY SUPPER 6:30 pm Pinochle—ALF</p>	<p>18</p> <p>9:00 am Hand & Foot @ senior center 9:30 am Coffee Break 9:30 am Chair yoga-Channel 2 10:00 am Ball 11:00 am The Music man 1:15 pm Current Events 2:00 pm Baseball with Nyssa gardens</p>	<p>19</p> <p>Preakness</p> <p>Armed Forces Day 9:30 am Coffee Break 10:00 am Ball 1:30 pm movie– Secretariat - Channel 2 2:00 pm Table games 7:00 pm Lawrence Welk–channel 7</p>
<p>20</p> <p>9:00 am Morning News 10:00 am Coffee Break 2:00 pm Table Games 3:30 pm Butte Baptist</p>	<p>21</p> <p>9:00 am Hand & Foot @ senior center 9:15 am Mass 10:00 am Ball 11:00 am The wonderful egg 1:00 pm Bridge players 1:30 pm Movie– Driving miss Daisy-Channel 2 2:00 pm Manicures</p> 	<p>22</p> <p>9:00 am Room Visits 9:30 am Coffee Break 10:00 am Ball 11:00 am Flying high</p> <p>1:15 pm Current event 2:00 pm Hockey 3:00 pm Yahtzee</p>	<p>23</p> <p>9:00 am Hand & Foot & Senior center 10:30 am Bible Study @ SNF 1:15 pm Current Events 2:00 pm Bingo 3:30 pm Table games</p> 	<p>24</p> <p>9:00 am Room Visits 9:30 am Chair yoga Channel 2</p> <p>10:00 am Ball 11:00 am Raggedy Ann & Andy 1:15 pm Current Events 2:00 pm Scavenger hunt 3:00 Baseball practice EARLY SUPPER 6:30 pm Pinochle—ALF</p>	<p>25</p> <p>9:00 am Hand & Foot @ senior center 9:30 am Coffee Break 10:00 am Ball 1:15 pm Current Events 2:00 pm Country drive 6:30 pm Bingo Night</p>	<p>26</p> <p>9:30 am Coffee Break 10:00 am Ball 1:30 pm Movie– Warhorse -Channel 2 2:00 pm Table Games of Choice 7:00 pm Lawrence Welk–channel 7</p>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>27</p> <p>9:00 am Morning News 10:00 am Coffee Break 2:00 pm Table Games 3:30 pm Church/ Christian</p>	<p>28</p> <p>Memorial Day</p> <p>9:30 am Coffee break 2:00 pm Table games</p>	<p>29</p> <p>9:00 am Room Visits 9:30 am Chair exercise Channel 2 9:30 am Coffee break 10:00 am Ball 11:00 am Spring time music 1:15 pm Current Events 2:00 pm Resident Council 2:30 pm Bingo</p> 	<p>30 Happy Birthday Katy</p> <p>9:00 am Hand & Foot @ senior center 9:00 am Chair exercise Channel 2 9:30 am Coffee break 10:30 am Bible study 1:15 pm Current events 2:00 pm Baseball practice 3:00 pm Uno</p>	<p>31</p> <p>9:00 am Room Visits 9:30 am Chair exercise Channel 2 9:30 am Coffee break 10:00 am Ball 11:00 am Who has your birthday 1:15 pm Current Events 2:00 pm Fun in Court yard</p> 	<p>Remember to check the Board in the hall and the board in the dinning room for any changes and for up coming events</p>	<p>Flower-Emerald Stone- Lily of the valley</p> <p>Breakfast-8:15 Lunch-12:00 Dinner-6:00</p> 