

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
In dependent Act: Walking Puzzles Reading crosswords Sudoku coloring pages			1 9am Brisk walk 10am chair yoga 10:30 bible study 2pm bowling	2 9am morning news 10am chair yoga 10:30 Ball 2pm baseball	3 9am coffee hour 10am chair yoga 10:30 socker popper fun 2pm sun catcher craft	4 9am morning walk 10am- ball 2pm-popcorn/ Movie 4pm -coffee
5 Church on tv Please see channel guide. Res choice			6 10am trivia fun 2pm Bingo/store 3pm snacks/and table games	7 Salon open 9am Morning walk 10am chair yoga 10;30 BooTaa 2pm stitchery group	8 9am-1:1s 10:30- Bible Study 2pm -dominos and Table games	9 Sugar Cookie Day 9:30 coffee hour 10:30 -chair yoga 2pm- making sugar cookies
12 Church on tv Please see channel guide. Res choice	13 9am manicures 10:30 am Ball Play 1pm fun in the sun 2pm bingo/store	14 Salon open Flag day 9am-brisk walk 10am- chair yoga 2pm- jewelry making	15 10:30-Bible Study 1:30 -afternoon walk 2pm paper airplane races	16 9:30-Mani/pedis 10:30-ball play 2pm- cross word fun 3pm- Rummy	17 Fathers Day Party 9am coffee doughnuts 10am-chair yoga 2pm FATHERS DAY PARTY	18 9:30 stretching 10am morning stroll 2pm popcorn/movie
19 FATHERS DAY Church on tv Please see channel guide. Res choice	20 9am coffee/news paper 10am Ball Play 2pm Bingo/store 3pm snacks	21 Salon Summer begins 9:30 -chair yoga 10am -Ball Play 2pm-basket ball 3pm-tables games	22 9:30 -Brisk walk 10:30 -Bible Study 1:30 -1:1s 2pm -Bingo	23 Zoo Trip 9:30-morning stretching 10:30-Ball play 2pm- walking/ Ardy 2:30—ax throwing	24 9am—Daily News paper 10 am—chair yoga 1:30 pm—1:1s 2pm — bridge/pinochle	25 9:30 Brisk walk 10am chair yoga 130 popcorn / Movie
26 Church on tv Please see channel guide. Res choice	27 9am coffee/news 10am Ball Play 2pm Bingo/store 3pm Table games / snack cart	28 Salon open 9:30 -Mani/pedis 10am -Ball Play 2pm-Trivia time 2:30-cornhole	29 9am-brisk walk 10am- chair yoga 2pm- jewelry making And Drinks	30 9:30 -Mani/pedis 10am -Ball Play 2pm-stitchery Group 2:30 BooTaa game	Daily Bingo -Mondays and Bingo Store day 3pm snack cart/Rem with staff	8am -breakfast 12pm-lunch 6pm- dinner Due to covid regulations activi- ties are subject to change.