
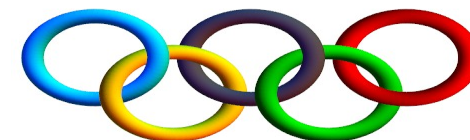






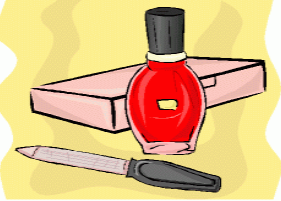

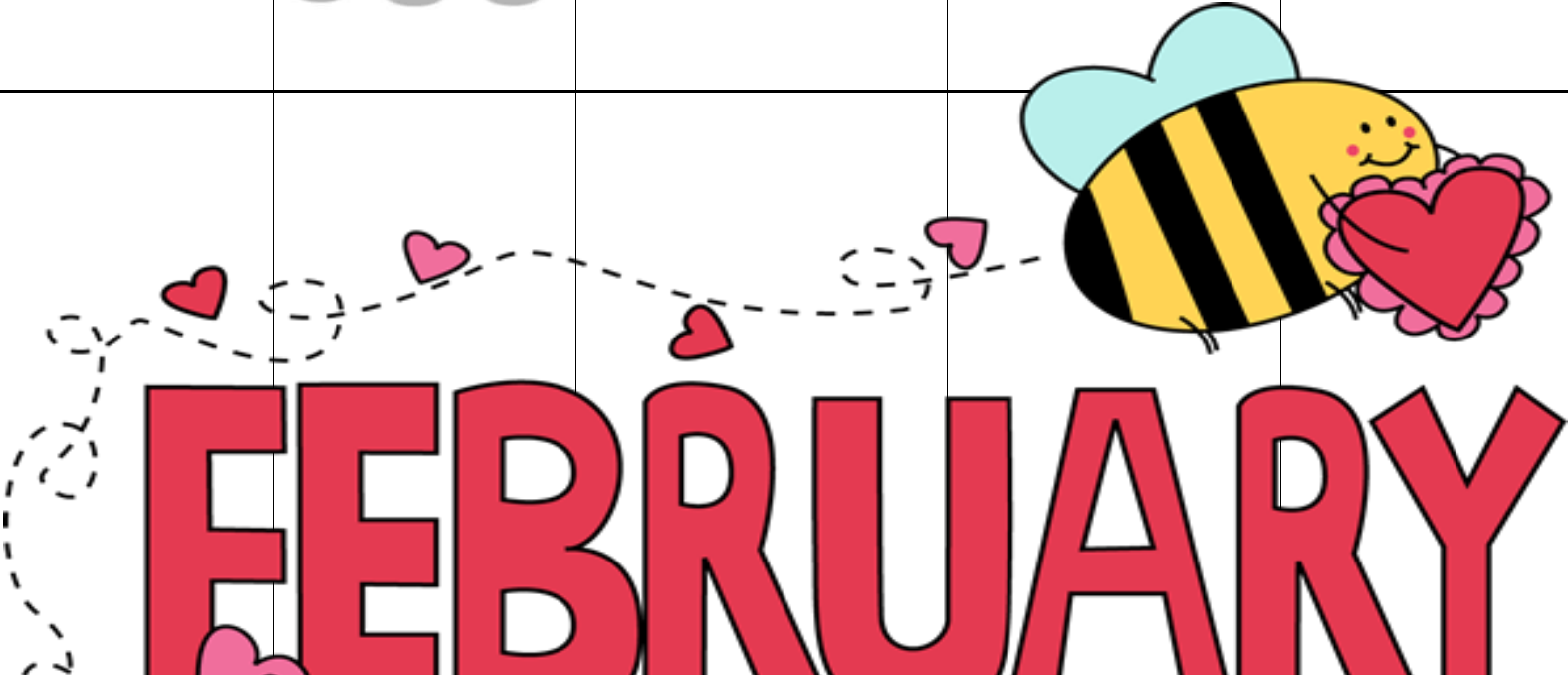
ALF– Activities

February 2018

| sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|--|--|--|--|--|
|  | | <p><i>Flower-Violet Stone– Amethyst</i></p> <p><i>Breakfast-8:15 Lunch-12:00 Dinner-6:00</i></p> | <p><i>Musical play “ Footloose “</i></p> <p><i>Saturday the 17th , will be loading bus @ 11:00 am , will cost 5:00. Sack lunch provided</i></p> <p><i>Pioneers Olympic games The 6th thru the 9th come down to activities and have some fun with us.</i></p> | <p><i>1</i></p> <p>9:00 am Room Visits 9:30 am Chair Yoga– Channel 2 10:00 am Ball 1:15 pm Current Events 2:00 pm Baseball EARLY SUPPER 6:30 pm Pinochle—ALF</p> | <p><i>2</i> Ground Hogs day</p> <p>9:00 am Room visits 9:30 am Coffee Break 9:30am Chair yoga– Channel 2 10:00 am Ball 1:15 pm Current Events 2:00 pm Table games</p> | <p><i>3</i></p> <p>9:30 am Coffee break 10:00 am Ball 1:30 pm Movie— Alex & Emma- Channel 2 2:00 pm Table Games 7:00 pm Lawrence Welk Channel 7</p> |
| <p>4 Super Bowl</p> <p>9:00 am Morning News10:00 am Coffee Break</p> <p>2:00 pm Movie of choice or TV</p> <p>2:30 pm Table Games</p> <p>3:30 pm Church– Nazarene</p> <p>4:30 pm On NBC Pre super bowl</p> | <p><i>5</i></p> <p>9:00 am Coffee break 9:15 am Mass 1:00 pm Bridge players 2:00 pm Table games</p> | <p><i>6</i></p> <p>9:00 am Room visits 9:30 am Coffee Break 9:30 am Chair yoga 10:00 am Ball 1:15 pm Current Events 2:00 pm Opening games 2:15 pm Shooting 3:00 pm Snowball toss</p> <p><i>Winter</i></p> | <p><i>7</i></p> <p>9:00 am Room visits 9:00 am Chair exercise 10:30 am Bible study @ SNF 1:15 pm Current Events 2:00 pm Curling 3:00 pm Ice Golf</p> <p><i>Olympic</i></p> | <p><i>8</i></p> <p>9:00 am Room Visits 9:30 am Chair Yoga– Channel 2 10:00 am Ball 1:15 pm Current Events 2:00 pm Hockey 3:00 String ball EARLY SUPPER 6:30 pm Pinochle—ALF</p> <p><i>Games</i></p> | <p><i>9</i></p> <p>9:00 am Room visits 9:30 am Coffee Break 9:30pm Chair yoga– Channel 2 10:00 am Ball 1:15 pm Current Events 2:00 pm Bowling 3:00 pm Olympic metals Closing games</p> | <p>10 Happy Birthday Vera</p> <p>9:30 am Coffee Break 9:30 am Chair Yoga Chan- nel 2 10:00 am Ball 1:30 pm –Movie–Tom & Jerry -Channel 2 2:00 pm Table Games 7:00 pm Lawrence Welk— channel 7</p> |



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|---|--|--|---|
| <p>11 9:00 am Morning News 10:00 am Coffee Break 1:30 pm 4-H group t Decorating cookies 2:00 pm Movie of choice or TV 2:30 pm Table Games 3:30 pm Church/ Oregon Trail Baptist</p> | <p>12 9:15 am Mass 9:30 am Coffee Break 10:00 am Ball 11:00 am Firsts 1:00 pm Bridge Players 1:30 pm Movie-When Harry meet Sally– Channel 2 2:00 pm Manicures 3:30 pm Table games</p> | <p>13 9:00 am Walks/ Room visits 9:30 am Coffee Break 9:30 am Chair yoga 10:00 am Ball 11:00 am Socks & Trivia 1:15 pm Current Events 2:00 pm Crafts 3:00 pm Music with Janet</p> | <p>14 9:00 am Room Visits 9:00 am Chair exercise 10:30 am Bible Study 1:15 pm Current Events 2:00pm Valentines party 3:30 pm Table games 6:30 pm Youth Group Singers</p> <p style="text-align: center;"><i>Happy Valentine's Day</i></p> | <p>15 9:30 am Chair yoga– Channel 2 10:00 am ball 11:00 am 50's Trivia 1:15 pm Current Events 2:00 pm Table games EARLY SUPPER 6:30 pm Pinochle—ALF</p> | <p>16 9:30 am Coffee break 10:00 am Ball 11:00 am Chewing gum 1:15 pm Current Events 2:00 pm Bingo 3:00 pm uno</p> <p style="text-align: center;"></p> | <p>17 9:30 am Coffee Break 10:00 am Ball 11:00 load bus for "Footloose" musical 7:00 pm Lawrence Welk–channel 7</p> |
| <p>18 9:00 am Morning News 10:00 am Coffee Break 2:00 pm Table Games 3:30 pm Church/ Butte Baptist</p> | <p>19 9:15 am Mass 9:30 am Coffee break 10:00 am Ball 11:00 am Presidents 1:00 pm Bridge players 1:30 pm Movie-My Fellow American –Channel 2 2:00 pm Manicures 3:00 pm Table games</p> <p style="text-align: center;"></p> | <p>20 9:00 am Room Visits 9:30 am Coffee Break 10:00 am Ball 11:00 am Indy 500 1:15 pm Current events 2:00 pm baking cherry turnovers 3:00 pm Cards</p> | <p>21 9:00 am Room visits 9:30 am Chair exercise 10:30 am Bible Study @ SNF 1:15 pm Current Events 2:00 pm Resident Council 3:00 pm Bingo</p> <p style="text-align: center;"></p> | <p>22 9:30 am Chair yoga – Channel 2 10:00 am Ball 11:00 Rhyme time & How to 1:15 pm Current events 2:00 pm Baseball EARLY SUPPER 6:30 pm Pinochle—ALF</p> <p style="text-align: center;"></p> | <p>23 9:00 am Room visits 9:30 am Chair yoga– Channel 2 10:00 am Ball 11:00 Food trivia 1:15 pm Current events 2:00 pm Craft Bazaar & Social event SNF 3:00 pm uno</p> | <p>24 9:30 am Coffee Break 10:00 am Ball 1:30pm Movie– Message in a Bottle – Channel 2 7:00 pm Lawrence Welk–channel 7</p> |

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|--|--|--|--|-----|-----|-----|
| <p>25</p> <p>9:00 am Morning News</p> <p>10:00 am Coffee Break</p> <p>2:00 pm Table Games</p> <p>3:30 pm Church/Christian</p> <p>4:00 pm Youth Group</p> <p>Coming to Visit Residents</p> | <p>26</p> <p>9:00 am Room visits</p> <p>9:15 am Mass</p> <p>9:30 am Coffee Break</p> <p>10:00 am Ball</p> <p>11:00 am Wild berry picking</p> <p>1:00 pm Bridge Players</p> <p>1:30 pm Movie– Romancing the stone-Channel 2</p>  | <p>27</p> <p>9:00 am Room Visits</p> <p>9:30 am Coffee break</p> <p>9:30 am Chair yoga</p> <p>Channel 2</p> <p>10:00 am Ball</p> <p>11:00 am What's in the news</p> <p>1:15 pm Current Events</p> <p>2:00 pm Yahtzee</p> | <p>28</p> <p>89:00 am Room Visits</p> <p>9:30 am Coffee break</p> <p>9:30 am Chair yoga</p> <p>Channel 2</p> <p>10:00 am Ball</p> <p>1:15 pm Current Events</p> <p>2:00 pm Bingo</p>  | | | |
| <p>Remember to check the Board in the hall and the board in the dinning room for any changes and for up coming events</p> |  | | | | | |