



JULY




2021

Birthstone: Ruby
Flowers:
Larkspur & Water
Lily

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Breakfast 8:00 a.m. Lunch 12:00p.m. Dinner 6:00 p.m.</p> <p>Date & Menu boards located outside dining room door.</p>			<p>All activities are subject to change, as well as to Covid precautions and regulations.</p>	<p>1</p> <p>Walk 9:00am Self-Portraits 2:00pm 1:1 Visits</p>	<p>2</p> <p>Whoga 9:00am Baseball 10am Matinee: Yankee Doodle Dandy 2:00pm 1:1 Visits</p>	<p>3</p> <p>Relaxation 9am 4th Photo Booth 10:00am Baseball 2:00pm Cards 3:00pm 1:1 Visits PBS Shows 6:30</p>
<p>4 Independence Day</p> <p>Church Services on TV 8-11am (check channel guide) Open Activities</p>	<p>5</p> <p>Open Activities July Trivia</p>	<p>6</p> <p>Walk 9:00am Manicures 10:00am Horseshoes 2:00pm Bingo 3:00pm 1:1 Visits</p>	<p>7</p> <p>Relaxation 9am Ball 10:00am Craft 2:00pm Cards 3:00pm 1:1 Visits</p>	<p>8</p> <p>Whoga 9:30am Balloon Tennis 10:00am Bingo 2:00pm Car Racing 3pm 1:1 Visits</p>	<p>9</p> <p>Walk 9:00am Question and Answer Ball 10 Matinee: Mary Poppins Returns 2:00pm 1:1 Visits</p>	<p>10</p> <p>Whoga 9:00am Target Toss 10 Yardzee 2pm Ice Cream 3:00pm 1:1 Visits PBS Shows 6:30</p>
<p>11</p> <p>Church Services on TV 8-11am (check channel guide) Open Activities</p>	<p>12</p> <p>Open Activities Trivia</p>	<p>13</p> <p>Winter Walk 9 Carols & Frozen Cocoa 10:00am Snowball Fight 2:00pm Bingo 3:00pm 1:1 Visits</p>	<p>14</p> <p>1:1 Visits Whoga 9:00am Bible Study 10:30am Beat the Heat Scavenger Hunt 2:00pm Lemonade & Cookies 3:00pm</p>	<p>15</p> <p>1:1 Visits Walk 9:00am Bookmobile 10:00am Ice Cube Move 10:30am Bingo 2:00pm Parachute 3pm</p>	<p>16</p> <p>Stretching 9am Cornhole 10am Matinee: The Cutting Edge 2:00pm 1:1 Visits</p>	<p>17</p> <p>Whoga 9:00am Music & Bubbles Courtyard 10 Activity Go Round 2:00pm Cards 3:00pm 1:1 Visits</p>

July 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
18 Church Services on TV 8-11am (check channel guide) Open Activities	19 Open Activities Trivia	20 Walk 9:00am Bowling 10:00am Plinko? 2:00pm Bingo 3:00pm 1:1 Visits	21 Whoga 9:00am Bible Study 10:30am Resident Council 2:00pm Cards 3:00pm 1:1 Visits	22 Spa Experience 9:30am Birthday Bash Noon Bingo 2:00pm Relaxation 3pm 1:1 Visits	23 Olympics Walk 9:00am Flarts 10:00 Craft 2pm Watermelon Social 3:00pm 1:1 Visits	24 Olympics Ball 10:00am Country Drive (afternoon) 1:1 Visits PBS Shows 6:30
25 Olympics Church Services on TV 8-11am (check channel guide) Open Activities	26 Olympics Open Activities Olympic Trivia	27 Olympics Walk 9:00am Ring Toss 10:00am Baseball 2:00pm Bingo 3:00pm 1:1 Visits	28 Olympics Whoga 9:00am Bible Study 10:30am Egg Race 2pm Noodle Relay 3:00pm 1:1 Visits	29 Olympics Stretching 9am Archery & Axe Throwing 10am Seed Spitting 2:00pm Bingo 3:00pm 1:1 Visits	30 Olympics Water Day! Matinee: Finding Nemo 2:00pm 1:1 Visits	31 Olympics Relaxation 9am Hoop Shoot 2:00pm Ice Cream Social 3:00pm 1:1 Visits PBS Shows 6:30
Puzzles, games, cards, magazines, and books are available at any time in the dining room, lobby or library.		<p style="text-align: center;">Deep summer is when laziness finds respectability. - Sam Keen</p> <p style="text-align: center;">But here I am in July, and why am I thinking about Christmas? Probably because we always pine for what we do not have. The winter seems cozy and romantic in the hell of summer, but hot beaches and sunlight are what we yearn for all winter.</p> <p style="text-align: center;">- Joanna Franklin Bell</p> <p style="text-align: center;">I drifted into a summer nap under the hot shade of July, serenaded by a cicada lullaby, to drowsy warm dreams of distant thunder. - Terri Guillemets</p>				 <p style="text-align: center;">Onward to August</p>